

## Did you know?

- Atherosclerosis (illustrated at left) is the leading killer of adults age 55+.<sup>1</sup>
- 70% of those age 55+ have 2 or more risk factors, and many are not aware of it.<sup>2</sup>
- Using advanced ultrasound technology, Life Line Screening can now actually see inside your arteries to help determine your risk for atherosclerosis.

<sup>1</sup>National Heart, Lung & Blood Institute

<sup>2</sup>Life Line Screening database analysis, 8 Million customers screened between 1993-2014.

## Which Screenings are Right For you?

9 out of 10 cardiovascular doctors support preventive health screenings for cardiovascular disease among patients with key risk factors.\*

### All 5 Tests for \$149

<b>Carotid Artery/ Plaque Screening</b> <b>\$70.00</b> Ultrasound scan of the carotid arteries that screens for plaque buildup.	<b>Heart Rhythm Screening (Atrial Fibrillation)</b> <b>\$70.00</b> This screens for irregular heart beat.	<b>Abdominal Aortic Aneurysm Screening</b> <b>\$70.00</b> Screens for an aneurysm in the abdominal aorta, which could rupture.	<b>Peripheral Arterial Disease Screening</b> <b>\$60.00</b> Screens for peripheral arterial disease in the lower extremities.	<b>Osteoporosis Risk Assessment</b> <b>\$60.00</b> An ultrasound measurement of the heel bone to determine abnormal bone mass density.
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\* Survey was among Cardiovascular Physicians, Vascular Surgeons and Neurologists.

Examples of key risk factors include obesity, tobacco use, diabetes, high blood pressure, Age 55+, family history of CVD

Join the nearly 8 million people who have been screened. Appointments are limited, register today:



Where: **Rio Vista - Civic Center of Rio Vista**

Sponsored By: **DFW Vascular Group**

When: **Wednesday, April 27, 2016**

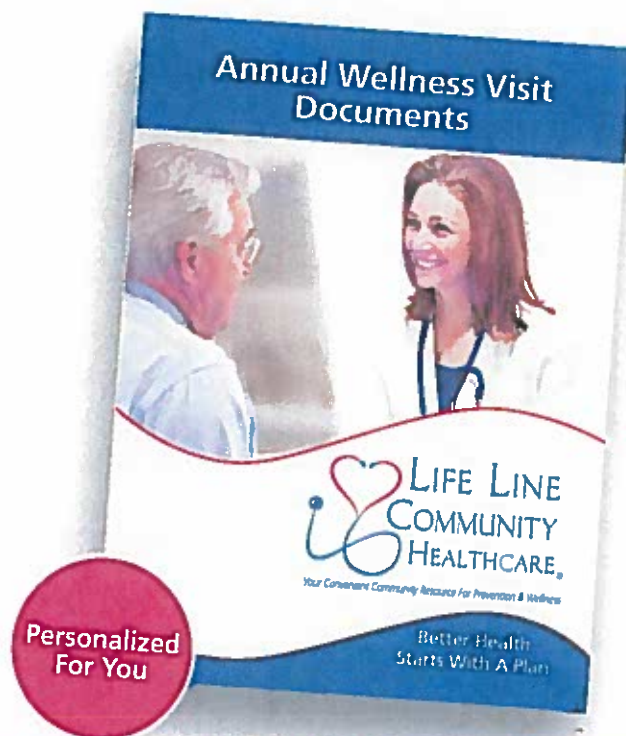
To register for your screening and to receive a \$10 discount, Please call 888-653-6450 or visit [www.LifeLineScreening.com/community-partners](http://www.LifeLineScreening.com/community-partners)

# Plot Your Route To Prevention & Wellness

**NO CO-PAY  
UNDER  
MEDICARE  
PART B**

## An Annual Wellness Visit Helps You Build A Plan For Better Health

- ✓ Get your Personalized Prevention Plan the Same Day
- ✓ Convenient one-on-one assessment with a Licensed Nurse Practitioner
- ✓ Develop a Personalized Prevention and Wellness Plan designed to keep you independent and active
- ✓ An AWW may seem similar to an annual physical, but it's different in many ways. An AWW provides a plan for better health, enabling you and your doctor to plan your preventive screenings and immunizations for the next 5-10 years



Schedule Your Annual Wellness Visit Today by calling 1-866-579-5069  
(Please have your Medicare card ready when you call)



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